



Sammy's Place

Oregon COAAST Network

OPEN TO THE PUBLIC
VIRTUAL TRAININGS
DURING LUNCH TIME!

MAY 2026

Free Community Lunch & Learn

PART 1

Wednesday
May 6, 2026
12:00pm

- True Friend Guide (12 minutes)
- Understanding Friendship (13 minutes)
- Tips for Being a Good Friend (7 minutes)

PART 2

Wednesday
May 13, 2026
12:00pm

- Social Media Safety Tips (8 minutes)
- How to Give a Great Compliment (5 minutes)
- Simple Tips to Be More Polite (15 minutes)

PART 3

Wednesday
May 20, 2026
12:00pm

- Stranger Danger (10 minutes)
- Don't Cry Wolf (10 minutes)
- Have Good Sportsmanship (12 minutes)

PART 4

Wednesday
May 27, 2026
12:00pm

- Living with a Roommate (11 minutes)
- Self Advocacy Part 1 (9 minutes)
- Self Advocacy Part 2 (11 minutes)

Physical Opportunities Coming Soon!

Use this [**ZOOM LINK**](#) for all meetings

